

Esquire

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GROOMING | PRODUCTS

WHAT WE'RE USING

FRESH START

Planning a clean new life in the year ahead? Mansel Fletcher on how to look and smell your best in 2011



1 Tom Ford Tuscan Leather Candle
American designer Tom Ford will be filling whole rooms with his Private Blend fragrances this New Year — as they are, for a limited time, once again being offered as candles. The heady oriental notes of Tuscan Leather will certainly conjure a hyper-masculine mood in any environment. £50 (selfridges.com)

2 Bamford Organic Body Cream
Given that if you apply a drop of essential oil to a pulse point you can

taste it a few seconds later, it's not unreasonable for Carole Bamford to claim that, "What goes on the body is as important as what we put inside." This idea has inspired her range of body products — which are as efficacious as they are natural. £32 (liberty.co.uk)

3 Kiehl's Cross-Terrain UV Skin Protector SPF50
With the ski season fast approaching, the arrival of Kiehl's new Cross-Terrain collection is timely. There are four products in the range:

shower gel, deodorant, foot cream and the moisturiser with SPF50. Even men whose terrain-crossing in the coming weeks will be limited to walking from the sofa to the dining table may feel emboldened by the association with National Geographic's Young Explorer programme. £21 (kiehls.co.uk)

4 L'Occitane Hand Wash
The soap we use to wash our hands is the grooming product we come into contact with

most frequently. Yet even men with rigorous regimes can end up using stuff from the supermarket. L'Occitane's liquid isn't unrealistically priced (it's a big bottle), and it does represent a significant step up from normal hand soap. £16 (uk.loccitane.com)

5 Acqua Di Parma Colonia Polvere Di Sapone
The ever tasteful Acqua Di Parma has created a novel product called, in English, soap powder. It looks like delicately scented talc, but creates

a lather when added to water, leaving a light residue of superb Colonia fragrance on the skin. £22 (+44 1932 233 861)

6 Kyoku Body Scrub
Kyoku is still a relatively new brand but its Japanese-inspired product range has just been expanded with the introduction of three new products: body wash, scrub and lotion, each of which comes in four different fragrances. My pick of the bunch is Wind, which has a very light, fresh, grassy smell. £17 (liberty.co.uk)